

# NEW YORK "GUNKS" INFO

### See Schedule for Wilderness-based Rescue Workshops

Shawangunk Mtns. Mohonk Preserve (near New Paltz. NY)



## **Wilderness-based Rescue Workshops** (No industrial venues)

At this very popular eastern US rock climbing venue owned and operated by the Mohonk Preserve, RTR has been offering varying week long open enrollment workshops in yearly rotation. These workshops include the Mountain Rescue Workshop, the Personal Skills Rescue Workshop, the Team Skills Rescue Workshop, the Offset-Highline Rescue Workshop and the Artificial High Directional Workshop (Arizona Vortex and wood frames). Please read the descriptions as you click on each link for each of these workshops before deciding to enroll. There are key points and photos associated with each program. Remember that this is a wilderness-based venue offering no industrial sites. There is also considerable hiking with heavy loads involved in getting to our field locations. Be prepared for all weather conditions.

Please plan on long days with even a possible night operation if the combined group decides. Bring your climbing shoes, tape, rope and rack with you as there is great climbing in the Gunks! Climbing although encouraged is NOT required though. The stone is high quality so we will be playing with lots of anchors. Make sure you have your Purcell cord. Call AHS Rescue Dale Stewart (602)



944-7723 for any equipment needs with a discount for RTR. <u>Rock and Snow</u> (New Paltz) also gives great discounts to RTR students. Be sure to mention the workshop.

New Paltz hosts great restaurants, health food markets, sushi, and micro-breweries. The night life is spectacular. Lots of history too. Plan on a great time! Please plan on staying through the evening of the last day of the program as we

#### PROGRAM VENUE INFO FOR MRW, PSRW, TSRW, OHRW & AHDW

<u>do not</u> get out early! You will receive a certificate of completion if you complete all seven days of the training.

<u>IMPORTANT</u>: The final day of all RTR programs is Hawaiian shirt day. Please bring a Hawaiian shirt for the class photo!

#### ABOUT THE NEW YORK VENUE -

The Mohonk Preserve, located in the beautiful Shawangunk Mountains of central New York is the site of some of the best climbing in the eastern United States, bar none. The world famous crag has become known in climbing circles as "The Gunks" and is known for its horizontal cracks and clean lines from one to three pitches in length. The climbing ranger staff that work at the Mohonk Preserve have rescues/recoveries all through the climbing season and tout an extensive rope rescue equipment cache including the Arizona Vortex. The area is a climbers paradise and the views are spectacular from the top of every crag and ridge. Nearby New Paltz is a trendy little quaint township with

lots to do in the evening. Coffee espresso bars, micro breweries, bistros, fine restaurants and much more abound and lodging of all types can be found in the area. There is also primitive camping available on the Preserve or farther up Route 44/55 in Minnewaska State Park. The lecture potion of the courses taught by RTR here are held at the Mohonk Preserve Visitor Center just at the bottom of the Trapps Wall on Route 44/55 (just north of the junction of 299).

In 2013, Ropes That Rescue was asked to provide an on-site MRW (Mountain Rescue Workshop) for all the rangers and volunteer staff, along with law enforcement from NY State Division of Forestry, and the West Point Fire Technical Rescue Team. Building upon the success of that program, RTR has been able to now offer open enrollment programs on the Mohonk Preserve each year. In 2014, RTR offered a TSRW (Team Skills Rescue Workshop) at the Gunks.

In 2015, an OHRW (Offset Highline Rescue Workshop) is planned for September 6 through 12. In 2016, another MRW. The Mountain Rescue Workshop had never been offered at the Gunks before now.

#### More area INFO: Click HERE for Guide

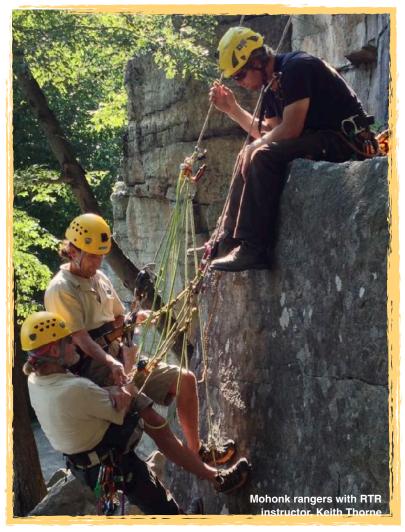
Mohonk Liaison: Mohonk Preserve Chief Ranger Andrew Bajardi: Cell phone: (203)-803-6395 abajardi@mohonkpreserve.org

#### SHELTER & LODGING:

There are several good B&B's, inexpensive youth hostels, bargain and luxury hotels, and places to camp in this area. The Mohonk Mountain House is very elegant and a destination location for many New Yorkers. Whatever your budget, there are many places to accommodate your lodging or camping needs. Check Gardiner and New Paltz lodging.

### New Shawangunk Gateway Campground

The new Samuel F. Pryor III Shawangunk Gateway Campground is available for great camping after a long construction project. The pavilion/bath house, office, and restrooms are finished, the campsites have been installed, and the circulation trails are all completed. The long-anticipated and much-needed campground will be a major addition to the Shawangunk Mountains region's lodging facilities.



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Go to <a href="https://www.mohonkpreserve.org/visit/camping.html">https://www.mohonkpreserve.org/visit/camping.html</a> for the information on this superb camping location near our meeting location on Hwy 299 outside of New Paltz.

### Preparation for either program: TRY TO DO THIS!

Knots, bends and hitches are an integral part of every RTR program. You simply cannot be a good rigger without knowing extensive knotcraft —Pure and simple. To assist you in the mastery of these knots PRIOR to class we have assembled videos of Reed tying each one on camera with the help of Sequoia, the green-cheek conure. Once you have registered for a program, you are invited to join our closed Facebook Page called "Arizona ART of Clean Rigging" for access to these videos. Look under "Media" and open the link to these videos under "Albums". Look for album "KNOTCRAFT with Reed and Sequoia". On this page (only open to past RTR alumni and current students) you will be able to watch all the knotcraft being performed clearly. This will speed up the learning process during the classroom portion which will allow us to get to the field earlier.

See Open Enrollment Schedule

